

*Are you Caring for a Loved One with Alzheimer's & Need a Break?*

*Long Island Alzheimer's Foundation's*

## **IN-HOME RESPITE PROGRAM**



**Trained Respite Companions from LIAF come to your home to provide a two-hour session of stimulating cognitive activities for your loved one with Alzheimer's or a related dementia. The respite worker's visits allow you, the caregiver, to have some much-needed time to tend to your own needs (i.e.: food shopping; attend medical appointments; visit with a friend; etc.)**

*This program is available to Nassau County residents caring for an individual with Alzheimer's disease or a related dementia.*

*This program is made possible with funding from the Nassau County Office for the Aging, New York State Office for the Aging, and the U.S. Administration on Aging.*

**For more information, please contact:**

**Melissa Katz, *In-Home Respite Program Director***

**at LIAF: 516-767-6856 ext.14**

**1025 Old Country Road Suite 115, Westbury, NY 11590**

**Please note: The respite program is a social activities program and not a healthcare service. LIAF's programs and services are available to all eligible individuals without regard to race, color, national origin, religion, gender, sexual orientation, marital status, age, or disability.**